



# COVID-19 SAFETY PLAN

## QCYC Sailing Division

<b>[Association/Club]</b>	Queensland Cruising Yacht Club (QCYC)
<b>[Ground Location]</b>	Moreton Bay
<b>[Club Facility Location]</b>	QCYC 69 Sinbad St Shorncliffe QLD 4017
<b>[Club President/Association CEO]</b>	QCYC Commodore – Jack Morrison Vice Commodore – Harley Cowlshaw
<b>Contact Email</b>	hcowlsh@bigpond.net.au
<b>Contact Mobile Number</b>	0437 729 642
<b>Version</b>	1.0 June 15, 2020
<b>QCYC Sailing Committee is responsible for this document</b>	

# Table of Contents

<b>1. Introduction .....</b>	<b>3</b>
<b>2. Key Principles .....</b>	<b>3</b>
<b>3. Responsibilities under this Plan.....</b>	<b>4</b>
<b>4. Return to Sport Arrangements .....</b>	<b>4</b>
4.1 Aquatic Sport Industry Plan Arrangements	4
4.2 Roadmap to a COVIDSafe Australia	5
<b>STAGE 3 – from 10 July. Return to organised competition, up to 100 people.....</b>	<b>5</b>
<b>5. Recovery .....</b>	<b>5</b>
<b>Appendix: Outline of Return to Sport Arrangements .....</b>	<b>6</b>
Part 1 – Sport Operations	6
Part 2 – Facility Operations	8

# 1. Introduction

The purpose of this COVID-19 Safety Plan (**Plan**) is to provide an overarching plan for the implementation and management of procedures by QCYC Sailing Division to support the QCYC Sailing Division and its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families, and the broader community. The Plan provides the framework to govern the general operation of the QCYC Sailing Division, any facilities it controls, the playing/training behaviour of all members and participants and the monitoring and reporting of the health of attendees at QCYC Sailing Division facilities.

This Plan includes, but is not limited to, the conduct of:

- a. staged training and competition activities (sport operations); and
- b. facility management and supporting operations (facility operations).

At all times, the Plan is subject to all regulations, guidelines and directions of government and public health authorities.

## 2. Key Principles

This Plan is based on, and accepts, the AIS [Framework for Rebooting Sport in a COVID-19 Environment](#) (**AIS Framework**) and the [National Principles for the Resumption of Sport and Recreation Activities](#) (**National Principles**), the **Aquatic Sport Sector INDUSTRY COVID SAFE PLAN**. This staged approach is in line with directions from the Queensland Government's Chief Health Officer, specifically Queensland's Roadmap to easing restrictions and also the Return to Play Guide for the Queensland Sport, Recreation and Fitness industries.

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families, and the broader community need to be engaged and briefed on QCYC Sailing Division's return to sport plans;
- Facilities are assessed and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing, and other measures to mitigate the risk of transmission of COVID-19;
- Training cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process QCYC Sailing Division must consider and apply all applicable State and Territory Government and local restrictions and regulations. QCYC Sailing Division needs to be prepared for any localised outbreak at our facilities, within our competitions or in the local community.

### 3. Responsibilities under this Plan

QCYC Sailing Division retains the overall responsibility for the effective management and implementation of the return to sport activities and operations outlined in this Plan.

The Sailing Committee at QCYC is responsible for:

- Approving the Plan and overseeing the implementation of the arrangements in the Plan; and
- Revising the Plan as required, ensuring it reflects up to date information from government and public health officials.

The QCYC Sailing Committee has appointed the following person as the QCYC Sailing Division COVID-19 Safety Coordinator to execute the delivery of the Plan and to act as a point of contact for information relating to this Plan:

<b>Name</b>	Harley Cowlshaw
<b>Contact Email</b>	hcowlsh@bigpond.net.au
<b>Contact Number</b>	0437 729 642

QCYC Sailing Committee expects all members, participants, coaches, officials, administrative staff, and volunteers to:

- Comply with the health directions of government and public health authorities as issued from time to time;
- Understand and act in accordance with this Plan as amended from time to time;
- Comply with any testing and precautionary measures implemented by QCYC Sailing Division;
- Act with honesty and integrity in regard to the state of their personal health and any potential symptoms; and
- Monitor their health and take a cautious approach to self-isolation and reporting of potential symptoms.

### 4. Return to Sport Arrangements

As at the date of this Plan, participants are taking part in organised training activities in groups of up to 20 people.

QCYC Sailing Division will transition to the organised competition training activity and facility use when permitted under local restrictions and regulations, i.e., when the Queensland Government moves to Stage 3.

#### 4.1 Aquatic Sport Industry Plan Arrangements

The protocols for conducting sport operations under the current (as at June 5), Queensland Government approved, Aquatic Sport Industry Plan are set out in the Appendix.

## 4.2 Roadmap to a COVIDSafe Australia

QCYC Sailing Division will also comply with the Australian government's [Roadmap to a COVIDSafe Australia](#), as applied by the Queensland Government, which places limits on the type of activity that can be conducted and the number of people who can gather at facilities.

From the Aquatic Sport Sector Industry COVID Safe Plan:

**STAGE 2 - from 1st June (non-contact, organised training only for up to 20 people)**

**Aquatic (OPEN water) - All activities conduct, outdoors, non-contact, use of large expansive waterways.**

Non-contact TRAINING (level of social distancing)	Shared use of equipment/ craft	Max # participants in craft at any one time	Size of training zones/ # participants per Zone	COMMENTS
<b>No-contact during training and competition</b>	Minimal use of shared equipment. Ability to clean/wash between groups.	Between 2 and 15 people. Size of yachts vary from 8m to 15m even to 30m vessels. Number of crew required varies based on requirements to safely operate the vessel.	<p><i>On-shore</i> - Spread out across marina berths or boat ramps (1.5m Social distancing requirement able to be met).</p> <p><i>On-water</i> - spread out over large distances. Up to several 100 meters apart even kilometres.</p>	<p>-Sailing occurs in an environment that has exposure to great levels of fresh air.</p> <p>- Sailing's field of play does not have rigid boundaries like an oval, field, track or pool. - Competitors in the same race can be separated by several hundred meters. - A race involving 100 people could be dispersed over several square kilometres, when racing offshore this can extend to 100+ nautical miles. - Sailing is a self-regulating sport. There are no "on-field" officials involved in a race. - There are minimal spectators who are far removed from the event often on a beach. - Social gatherings can be controlled and restricted.</p>

**STAGE 3 – from 10 July. Return to organised competition, up to 100 people.**

## 5. Recovery

When public health officials determine that the outbreak has ended in the local community, QCYC Sailing Division will consult with relevant authorities to identify criteria for scaling back its COVID-19 prevention actions. QCYC Sailing Division will also consider which protocols can remain to optimise good public and participant health.

At this time, the QCYC Sailing Committee will consult with key stakeholders to review the delivery of its return to sport arrangements and use feedback to improve organisational plans and systems.

# Appendix: Outline of Return to Sport Arrangements

## Part 1 – Sport Operations

Area	Plan Requirements (for activities under Queensland Governments Roadmap Stage 2)	Plan Requirements (Queensland Governments Roadmap Stage 3)
<b>Approvals</b>	<p>The club must obtain the following approvals to allow a return to training:</p> <ul style="list-style-type: none"> <li>• State/Territory Government approval of the resumption of community sport.</li> <li>• Relaxation of public gathering restrictions to enable training to occur.</li> <li>• Local government/venue owner approval to training at venue, if required.</li> <li>• National/state sporting body/local association approval of return to training for community sport.</li> <li>• Club committee has approved return to training for club.</li> <li>• Insurance arrangements confirmed to cover training.</li> </ul>	<p>The club must obtain the following approvals to allow a return to training/competition:</p> <ul style="list-style-type: none"> <li>• Relaxation of public gathering restrictions to enable training to occur.</li> <li>• Local government/venue owner approval to training/competition at venue, if required.</li> <li>• National/state sporting body/local association approval to return to training/competition for community sport.</li> <li>• Club committee has approved return to competition for club.</li> <li>• Insurance arrangements confirmed to cover competition.</li> </ul>
<b>Training Processes</b>	<ul style="list-style-type: none"> <li>• General principle - Get In, Sail, Get Out</li> <li>• Limit social gatherings.</li> <li>• Radio “log ons”, no presentations. Participation records to be retained for 56 days.</li> <li>• Training shall include staggered start times, leaving and returning to the dock and launching areas at intervals.</li> <li>• Skippers must maintain crew lists with names, phone number, club member number, email address, person to contact in case of emergency.</li> <li>• Practice physical distancing (&gt;1.5 metres) where possible.</li> <li>• Treatment of shared equipment (e.g. sanitise equipment before, during, after sessions) and use of such equipment to be limited, e.g., winch handles, wheel/tiller, etc.</li> <li>• No sharing of personal equipment. Don't share drinks.</li> <li>• Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing).</li> </ul>	<ul style="list-style-type: none"> <li>• Limit unnecessary social gatherings. Presentations may be possible, depending on space availability and current restrictions.</li> <li>• Physical log ons may be possible if space in the Club allows.</li> <li>• Scratch starts may be permitted.</li> <li>• Sanitising requirements continue from Level B.</li> <li>• Treatment of shared equipment continues from Level B.</li> <li>• Personal hygiene encouraged (e.g. wash hands prior to training, no spitting or coughing).</li> <li>• Crew Lists to be supplied by Skipper to QCYC Race Control.</li> </ul>
<b>Personal health</b>	<ul style="list-style-type: none"> <li>• Do not attend if unwell (including any signs/symptoms of cold, flu, COVID-19, or</li> </ul>	<ul style="list-style-type: none"> <li>• Requirements continue from Level B].</li> </ul>

	<p>other illness).</p> <ul style="list-style-type: none"> <li>• Wash hands prior to, during and after training and use hand sanitiser where available.</li> <li>• Avoid physical greetings (i.e. hand shaking, high fives etc.).</li> <li>• Avoid coughing, clearing nose, spitting etc.</li> <li>• Launder own clothing and wash personal equipment.</li> </ul>	
<b>Hygiene</b>	<ul style="list-style-type: none"> <li>• Any safe hygiene protocols distributed by national/state sporting body or local association that will be adopted by club.</li> <li>• Guidelines for sanitisation and cleaning, including requirements for sanitisation stations].</li> <li>• <b>Observe and adhere to QCYC facility hygiene requirements</b></li> </ul>	<ul style="list-style-type: none"> <li>• Hygiene and cleaning measures to continue from Level B].</li> </ul>
<b>Communications</b>	<p>QCYC Sailing Division members will be advised by email and by posts of the Club Facebook page of:</p> <ul style="list-style-type: none"> <li>• Protocols including hygiene protocols and reinforcement of hand washing and general hygiene etiquette.</li> <li>• Endorsement of government COVIDSafe app and encouragement to members and families to download and use app.</li> <li>• The need to adhere to QCYC health and safety requirements, including good personal hygiene practices in and around training sessions and in Club facilities (e.g. posters in bathrooms).</li> <li>• How individuals can access mental health and wellbeing counselling services].</li> </ul>	<ul style="list-style-type: none"> <li>• Communication process will continue and be updated as appropriate.</li> <li>• Continued endorsement of government COVIDSafe app and encouragement to players, coaches, members, volunteers, and families to download and use app.</li> <li>• How individuals can access mental health and wellbeing counselling services].</li> </ul>

## Part 2 – Facility Operations

QCYC Facilities are managed and operated by the QCYC under the “Industry COVID Safe Plan for Queensland Hotels and Clubs. Refer document shown below (<https://www.covid19.qld.gov.au/government-actions/approved-industry-covid-safe-plans>).

For further information refer to the QCYC designated COVID-19 contact – QCYC Management, [secretary@qcy.com.au](mailto:secretary@qcy.com.au)

### **INDUSTRY COVID SAFE PLAN FOR QUEENSLAND HOTELS AND CLUBS MAY 2020**



**RSL & SERVICES CLUBS  
ASSOCIATION QUEENSLAND INC**

*“ Helping Your Club Make A Difference ”*

Industry has consulted and discussed with the United Workers Union (UWU) to ensure employer and employee obligations are fulfilled. These include the “worker’s rights” and “employer’s” responsibility to provide a safe workplace. This is further re-iterated in the mandatory training. All patron/worker protocols will be formalised in venue induction programs and all patron and contractor contact tracing details are to be completed to provide further safety of workers.